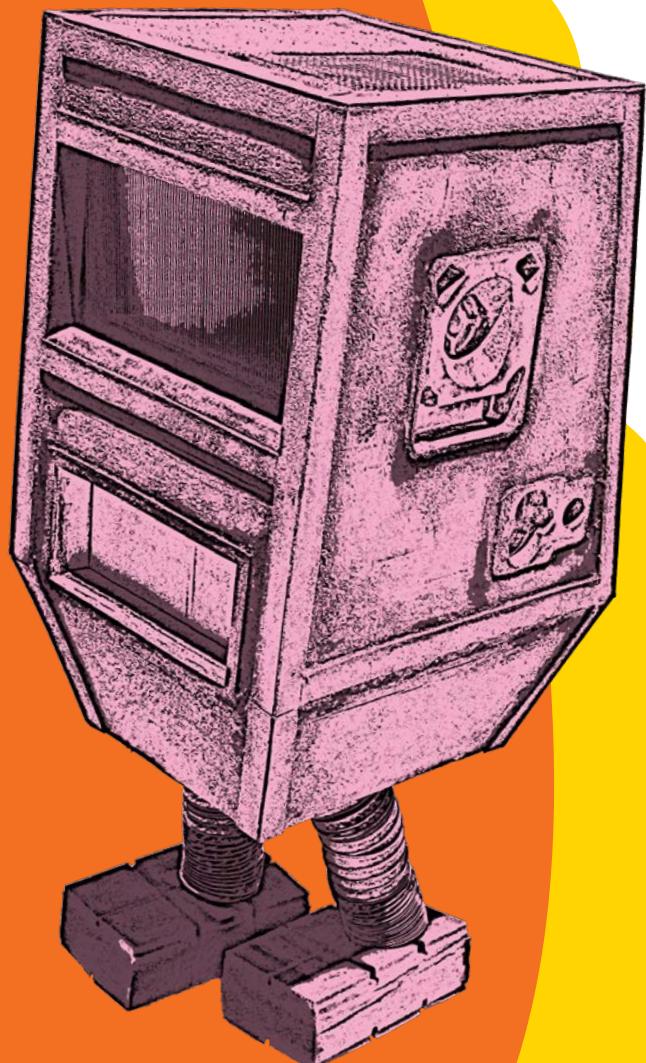


Helsinki

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Exhibition  
4.10.2025–5.9.2026

# Hidden

*An exhibition of things that  
are not always visible*

4.10.2025–5.9.2026

Hidden or visible? The exhibition **Hidden** has transformed Annantalo's lower gallery into an apartment. The apartment has been divided into rooms with their own hiding spots. The thematic rooms have names such as The Vault, The Cellar, The Machine, The Past, The Nest, The Hideout, the Cloud, The Plunge and The Interior.

The exhibition is not a constant, but a process where the rooms change throughout the exhibition period. The rooms may be closed for a while only to reopen with new contents or different art works.

You can therefore visit the exhibition many times and always find something new!

The exhibition features the artists Janne Kärkkäinen, Anniina Salo, and Kirsti Taiviola. On display are also rotating works by the children and young students at Annantalo.

The space contains several different hiding spots – whenever you find a doorknob or handle, feel free to try and see if it opens. What do you see?

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# Exhibition Map

The exhibition **Hidden** consists of works by professional artists and pupils of Annantalo. The Annantalo child panel had the honour of selecting the adult works. The exhibition changes and expands throughout. The theme of the exhibition influences the teaching and other activities of Annantalo. Throughout the year, there will be workshops, guided tours and other activities based on the 'hidden' theme.

Annantalo's themes vary from season to season and are based on reflections by the entire staff. The theme of 'hidden' was seen as a complex and broad topic from which a wide range of issues related to art, arts education, society, and children's lives could be drawn.

'Hiding' refers to going into hiding, but also to being in hiding. Children are familiar with both. The opposite of being hidden is being seen – as surprising as it might be.

Art is about exploring yourself and the world around you. Art can make things visible, viewable and experiential. Matters, messages, insights and secrets can also be hidden in art. Art and art education are places where you can experiment with becoming visible and presenting yourself to others on your own terms.

For many children, the exhibition at Annantalo may be their first experience with an art exhibition. In that situation, something that has been hidden becomes familiar to them. Art does not disappear from view – it comes out.

This exercise booklet extends the theme of being hidden to continue at home, at school or at the daycare centre.

Welcome to the  
**Hidden** exhibition!

1. The Vault

2. The Cellar

3. The Nest

4. The Interior

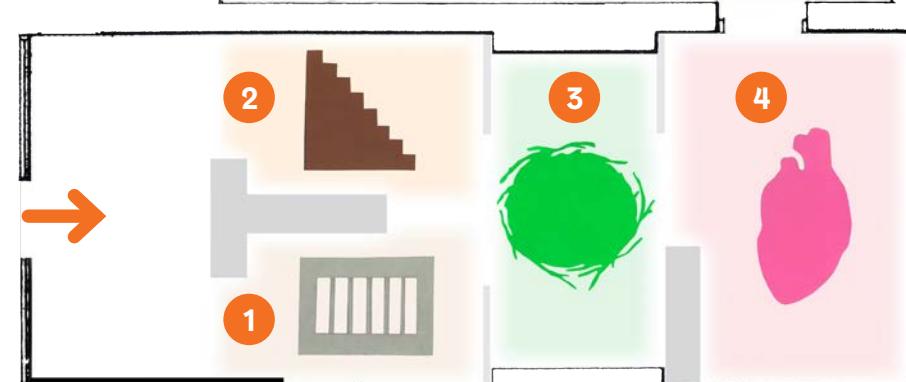
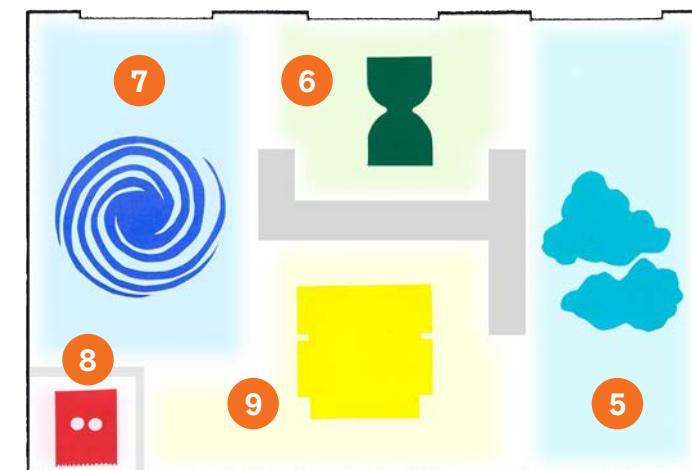
5. The Cloud

6. The Past

7. The Plunge

8. The Hideout

9. The Machine



# Exhibition etiquette, or how to visit an exhibition

The goal of Annantalo is to teach even our youngest visitors about art exhibitions. Please read these instructions, if you are coming to the exhibition for the first time and feel insecure about the dos and don'ts.

## Can I touch works of art?

Works displayed in galleries, such as paintings, sculptures, and videos, are intended to be viewed but not touched.

If the work can be touched, this is marked separately. There may also be a guide next to the work that will instruct you in experiencing and using the work.

If the work can be touched, do it gently. If the work is handled too roughly, it may break and will no longer bring joy to anyone.

## Visit the exhibition as if you were visiting a friend

Each work is made with care and skill. Respect the works and make sure they remain undamaged. Please leave the exhibition as neat and tidy as you found it.

## Take a moment to experience art

The exhibition is an experience built for the visitor, where you can focus on experiencing art. Unless a work or assignment directly requires a phone to be used, phones should be kept in the pocket or bag for the duration of the visit. You can take photos of the works as a souvenir if you wish, but it is polite to make sure that the photos do not include other visitors.

## Enjoy food and drinks outside the gallery

There is a table group on the second floor reserved for eating snacks, and the Annantalo café serves our visitors.

## Feel free to ask

The staff and attendants at Annantalo are happy to help if you have any questions.

## Welcome to the exhibition!



# A Rabbit's Landscape

**Implementation:** group exercise

**Artistic fields and themes:** performing arts, nature and the environment

**Equipment:** immaterial

**Book recommendation:** Hjelt, Marjut: *Jänis maailman myyteissä ja tarinoissa*

**Artist recommendation:** Janne Kärkkäinen, Anniina Salo, Kirsti Taiviola

**Have you ever met a rabbit in the wild? Or heard a story about a rabbit?**

The rabbit is a fast animal that has adapted to a wide range of environments. It is also a master of hiding. Its seasonally changing coat of fur provides protection and helps it to survive in the wild. In old animal stories, the rabbit

plays many different roles. In some stories, it is kind-hearted and helpful to others. In others, it is portrayed as overconfident and lazy.

The rabbit also appears in different roles in the Hidden exhibition, e.g. as a courageous figure in a painting or as a clay sculpture.

In the next group exercise, you will have an opportunity to create your own way of seeing a rabbit.

The task is to create landscapes through theatre. Each member of the group will be one part of the landscape. The different parts can be objects, animals, people, plants, natural phenomena or even emotions. There must be at least one rabbit in the landscape.

1. One by one, the participants will stand on a “stage” (=any empty space chosen for the exercise), assume a pose, say what they are representing (e.g. “I’m a brave rabbit”, “I’m a bushy tree”, “I’m moss growing under a tree”) and remain in place as statues.
3. You should repeat the exercise several times to let your imagination run wild.
4. Finally, we will have a discussion:
  - How did you feel about the exercise?
  - Which landscape stood out to you and why?

You can enter the stage in any order, inspired by the choices of previous participants. The participants can also think about the position (=where to be in the picture) of the characters that they play, and whether the character should be in a lower, middle or upper position.

2. The landscape will be complete when everyone is in the picture.



# The Lost Half

**Implementation:** individual or group work

**Equipment:** Free choice of drawing or painting materials, a paper copy of a work of art, cardboard/paper to cover part of the work.

Traditionally, art education has involved copying artists' works as part of the learning process. In this exercise, part of the artwork is hidden and the work is continued by using a freely chosen technique. Filling out the image can be the most fun when you have not yet seen the original work in its entirety. Once you have completed your own version, you can examine the original work. What were my solutions like? How do they differ from the original artist's solutions?

## Tips:

- Link to art history images: QR code
- Images can be printed to be covered in the exercise
- You can also lay a blank sheet of paper over the picture on page 13 and continue by drawing your own version of the work





# What Went Into Hiding

**Implementation:** pair or group work

**Tools:** objects of different sizes and cloths to cover them, drawing or painting supplies

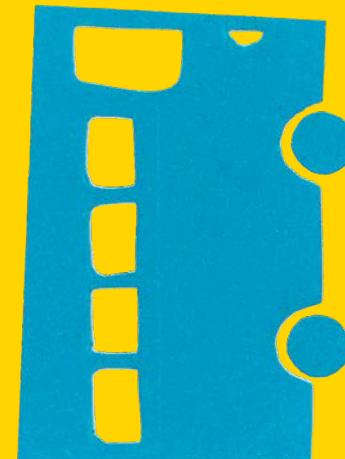
**Artistic fields and theme:** installation, drawing, painting, the world around us and imagination

**Artist recommendation:** Christo & Jeanne-Claude



This exercise involves drawing or painting a triptych, i.e. a set of three pictures. The task can be carried out so that one member of the group covers the objects and the others draw/paint. The exercise can also be done in pairs, whereby the partners cover each other's objects.

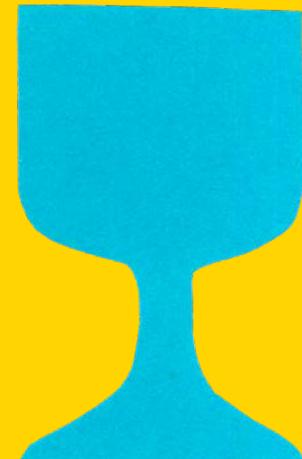
1. Place individual objects under the cloths. The objects can also be placed under the cloths in unusual positions.
2. The group are shown individual cloth-covered objects, but they do not know what they are.
3. Each group member chooses one covered object and draws/paints its shape.



4. The second picture is drawn/painted based on the shape of the covered object. What does the shape remind you of? What could it be? Use your imagination in this picture. The idea is not to guess what is really under the cloth.

5. Remove the cloth and draw/paint a third picture of the object that was hidden under it.
6. Present your triptychs to each other.

**Discussion:** How did this exercise feel? Which of the triptych pictures is the most interesting to you?



# Blend Into the Picture

**Implementation:** pair work, adaptable to group work

**Equipment:** camera (e.g. mobile phone), clothes, fabrics and other props if needed

**Artistic fields and themes:** performance, photography, humankind and the environment

Many animals have camouflage, i.e. a protective colouring that helps them to blend into their environment. The rabbit's fur turns snow-white in winter. The tiger disappears into the tall grass with its stripes. The chameleon can change to almost any colour in its surroundings. Have you ever thought about how you could blend into the space around you? Let us give it a try.

1. Look at the different colours and shapes that you see around you. Choose a photographer, someone to blend in and a place that you want to blend into. Does the blending in require sitting, standing or lying down?
2. Snap a test photo of the group member blending in at the selected location. Use the photo to think about what it takes to blend into the background. What are the colours or shapes at leg height? What about at body height or head height?
3. Look for clothes or cloths of the same colour as much as possible to match the colour scheme of the photo and help with blending into the background.
4. Return to the place that you selected earlier. The group member(s) blending in will now camouflage themselves according to the colour scheme of the surroundings.
5. Snap a photo. Switch roles if you wish.

**Discussion:** How did it feel to blend in? Did it evoke any feelings or thoughts? You can send your photos to Annantalo at [tuotanto.annantalo@hel.fi](mailto:tuotanto.annantalo@hel.fi). Photos sent to us will be compiled to be featured in the exhibition.



# Exhibition Team

**Creative team:** Niina Huovinen, Henrietta Ikonen, Jukka Järvi, Saara Karppinen, Harri Piispanen, Nicolas Salo, Marianne Turtio

**Producer:** Harri Piispanen

**Light design:** Nicolas Salo

**Exhibition structures:**  
Niina Huovinen, Jukka Järvi,  
Teemu Laitinen

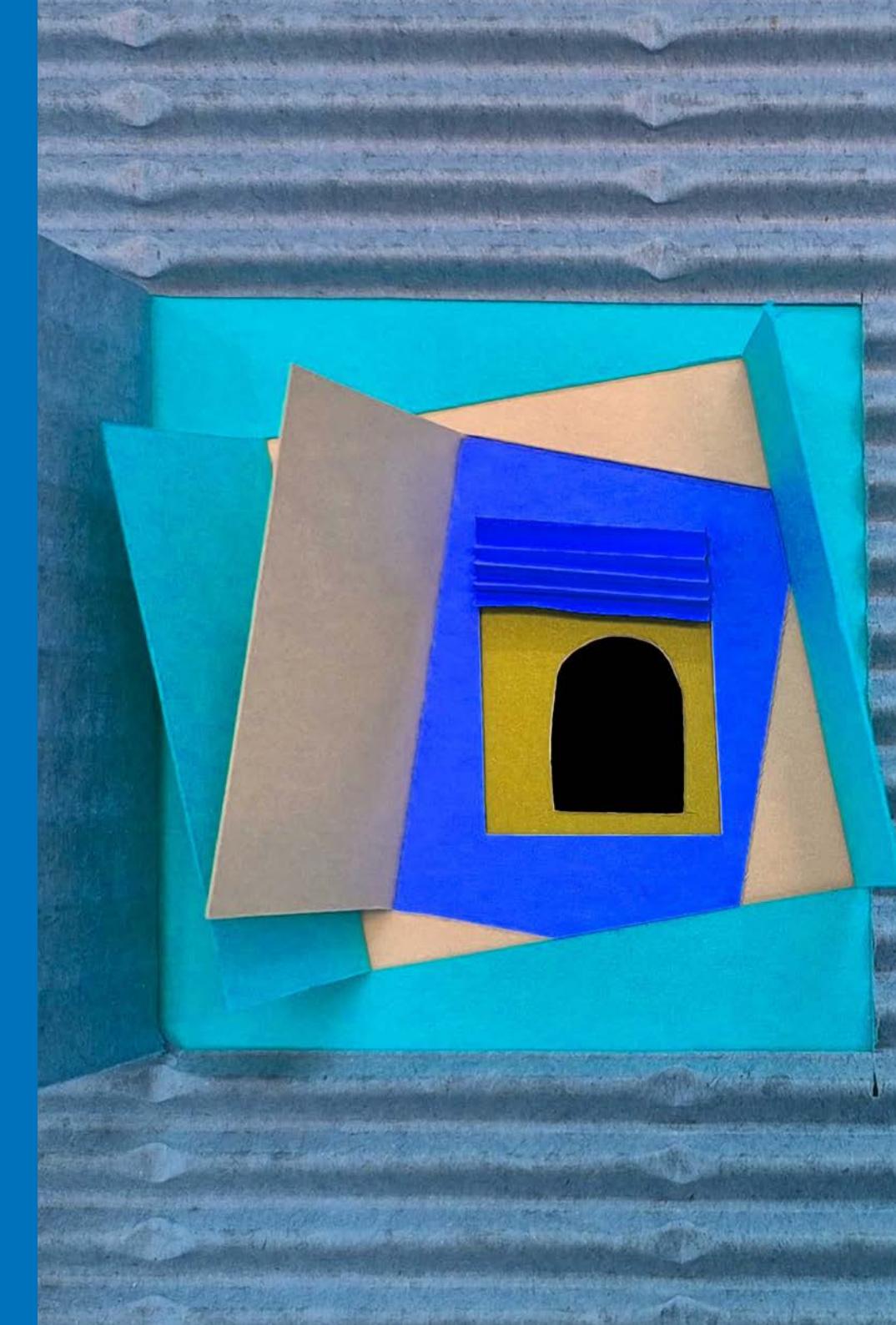
**Audience work:** Henrietta Ikonen,  
Anna Rosendahl

**Exercises and texts featured in the booklet:** Karoliina Helminen, Henrietta Ikonen, Noomi Ljungdell, Saana Murtti, Elina Rantasuo, Anne Rossi-Horto, Miila Vainio, Nina Winqvist

**Layout:** Teo Georgiev

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Annankatu 30  
00100 Helsinki  
[www.annantalo.fi](http://www.annantalo.fi)



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